## Giro Ride Like A Pro-USA

## **Course Cut-Off Times**

These are expected times for First and Last Bike based on 24 Mph Fastest Pace and 10 Mph Slowest Pace. If your progression speed falls below 10 mph, you will be rerouted to a shorter path. These rerouting points are at predetermined turnoff splits, and you will be guided to the shorter route. Important Note: This is a 10mph progression speed, not average speed. Progression speed includes all stopped time. You must average faster than 10mph to allow for SAG stopping time.

## \*\*\*All First Bike times are offset by 11 minutes, due to the 10mph roll out on first 3 miles

"Gran Fondo" Long Course 86.5miles	First Bike (24mph Avg PS)	Last Bike (10mph Avg PS)		
- Segment 1: Miles 5.9 to 11.9	26 Minutes	35 Minutes		
- SAG stop 1: Mile 12.1	41 Minutes	1h12m		
- SAG stop 2: Mile 33.3	1h34m	3h20m		
- Segment 2: Miles 34.8 to 44.5	1h38m	3h29m		
- MEDIO TURN ON 214: Mile 45 - GF Bikes forced onto Medio Course after 4 Hours				
- SAG stop 3: Mile 46	2h6m	4h36m		
- Segment 3: Miles 59.3 to 63	2h40 m	5h56m		
- SAG stop 4: Mile 64.9	2h54m	6h30m		
- Segment 4: Miles 74.2 to 77.5	3h17m	7h25m		
- SAG stop 5: Mile 77.7	3h26m	7h47m		
- IGP Coned Lane: Mile 83	3h38m	8h15m		
- FINISH: Mile 86	3h46m	8h30m		

"Medio" Medium Course 60.8miles	First Bike (24mph Avg)	Last Bike (10mph Avg)
- Segment 1: Miles 5.9 to 11.9	26 Minutes	35 Minutes
- SAG stop 1: Mile 12.1	41 Minutes	1h12m
- SAG stop 2: Mile 33.3	1h34m	3h20m
- Segment 2: Miles 34.8 to 44.5	1h38m	3h29m
- Segment 3: Miles 48.3 to 51.6	2h12m	4h50m
- SAG stop 3: Mile 51.8	2h21m	5h11m
- IGP Coned Lane: Mile 57	2h34m	5h42m
- FINISH: Mile 60	2h41m	6h00m

"Piccolo" Short Course 33.5miles	First Bike (24mph Avg)	Last Bike (10mph Avg)
- Segment 1: Miles 5.9 to 11.9	26 Minutes	35 Minutes
- SAG stop 1: Mile 12.1	41 Minutes	1h12m
- SAG stop 2: Mile 25	1h14m	2h30m
- IGP Coned Lane: Mile 30	1h26m	3h00m
- FINISH: Mile 33	1h34m	3h18m

